

Clare College Men's Football Team: COVID-19 Training Risk Assessment

Hazard	Risk Level (Chance of infecting others)	Control measures
Player has COVID-19	High	<ul style="list-style-type: none"> • No player with COVID-19 symptoms or who has tested positive for COVID-19 or who is self-isolating should attend training, • Players with COVID-19 symptoms will be asked to isolate and get a PCR test • All players are encouraged to take part in the University's asymptomatic testing programme
Players transmit COVID-19 through equipment	Low	<ul style="list-style-type: none"> • Players should bring their own water/shin pads/tape/jumpers/hand sanitiser • Goalkeepers must bring their own gloves • No personal equipment should be shared
Players transmit COVID-19 through team kit	Medium	<ul style="list-style-type: none"> • Cones will be brought and handled by 1 person (a captain) • Players will be discouraged from touching balls with hands • Balls will be kept on the ground as far as possible
Players transmit COVID-19 through in-game contact	Low	<ul style="list-style-type: none"> • Good practice of social distancing during warmups and between drills will be maintained • Drills involving clusters of players e.g. corners will be performed as quickly as possible • Players will be encouraged to use hand sanitiser regularly during sessions

Player develops COVID-19 symptoms after a training session	Medium	<ul style="list-style-type: none"> • Captains will keep a weekly register of attendees for at least 21 days • Players will be strongly encouraged to isolate and carry out a PCR test if a player tests positive for COVID-19
Players are not aware of COVID-19 safety measures		<ul style="list-style-type: none"> • Captains will share risk assessments with the team prior to training • Captains will begin every session with a reminder of the safety measures
Players transmit COVID-19 while attending to an injury	Medium	<ul style="list-style-type: none"> • Unless the injury requires urgent medical care, social distancing will be maintained

Players transmit COVID-19 via spitting	Medium	<ul style="list-style-type: none"> • Spitting is banned
Players transmit COVID-19 on arrival/departure	Medium	<ul style="list-style-type: none"> • Players will either walk or use bikes to ensure social distancing in transit • Players will be discouraged from touching surfaces as far as possible
Specific guidance for matchdays at Bentley Road Sports Ground		<ul style="list-style-type: none"> • Players will use the Pavilion's toilet and storage facilities, but all team talks will take place outside to minimise indoor contact. The one way, one in one out system will be followed • If required, players will be directed to the hand sanitiser stations • Any spectators will be encouraged to use caution and to maintain a distance from the players

Date of Risk Assessment: 19/10/2021 (previously updated 25/03/2021)

Ralph Ivey

Review of Risk Assessment scheduled 19/10/2022