

Clare Boat Club

Activity	Rowing and training during COVID-19	Version	1.1
It is agreed that application of the control measures specified will provide adequate management of the identified risks. This risk assessment is subject to review at a minimum of a 1 month interval from date of approval			
Assessor	Andrew Watson	Date	09/09/2020
Reviewer	Brenan Morgan	Date	27/09/2021
Reviewer	Emma Easterbrook	Date	
Approver		Date	

Part A: Hazard Identification & Impact						Part B: Reducing the Risk & Severity				Part C: Who is Responsible							
No	Process Summary (can be broken down into steps)	Hazard Identified	Who might be harmed?	How might they be harmed?	Severity of harm	Severity (1-5)	Probability (A-E)	Level of Risk (L/M/S/I)	Controls in place	Additional controls needed	Club President	Club Safety Officer	Club Captain	Coaches	Rowers/Scullers	Coxes	Other (State)
Organising Outings																	
1					Minor Illness	3	A	Low	Booking system implemented to ensure social distancing can be maintained and to record members who have been at Clare BH to allow for contact tracing if required.	Boat Organiser to enter names of ALL crew and coaches in the outing in the booking system. Records to be retained by club for at least 21 days.							
2	Organising Outings	Overlapping activities at the boathouse results in more than 12 people on the hard at one time. Exposure to SARS-Cov-2	Champs, Clare or Clare Hall members or Boatman	Club member (rower, cox, coach) becomes infected with COVID-19	Severe Illness	4	A	Low	Where possible, equipment assigned to specific people/groups. This is via the booking system. Club members reminded to use booking system when back in operation and to stick to outing times. Webmaster to put link onto return to rowing webpage Club Members are	Records are to be maintained by the captains and will be cross-referenced against boat bookings. ALL outings to be organised from Clare BH. Outings will be timed so as to avoid overcrowding in the Boathouse and Boatyard.			x	x	x	x	Boatman

3					Lifechanging Illness/Death	5	A	Moderate	encouraged to be double vaccinated and/or lateral flow test twice weekly and/or take part in the University's Asymptomatic Testing Programme.	Mixed-household 4x-, 4x+, 4+ and 8+ outings are permitted from September 2020										
Travel to the Club																				
4	Travel to the club by public transport	Exposure to SARS-Cov-2	Club member on public transport, Club members secondarily exposed, member of the public	Club member (rower, cox, coach) becomes infected with COVID-19	Minor Illness	3	A	Low	Club members are advised to wear face coverings whilst on public transport.		x		x	x					Boatman	
5					Severe Illness	4	A	Low												
6					Lifechanging Illness/Death	5	A	Moderate												
7	Travel to the club in a private car with someone from a different household	Exposure to SARS-Cov-2	Club members in car, Club members secondarily exposed	Club member (rower, cox, coach) becomes infected with COVID-19	Minor Illness	3	A	Low	Club members reminded to follow UK government advice on travel		x		x	x						Boatman
8					Severe Illness	4	A	Low												
9					Lifechanging Illness/Death	5	A	Moderate												
10	Travel to the club in a private car members of your own household	Exposure to SARS-Cov-2	Club member(s) in car	Club member (rower, cox, coach) becomes infected with COVID-19	Minor Illness	3	A	Low	Club members reminded to follow UK government advice on travel		x		x	x						Boatman
11					Severe Illness	4	A	Low												
12					Lifechanging Illness/Death	5	A	Moderate												
13	Travel to club on foot or by bicycle	Exposure to SARS-Cov-2	Club member(s)	Club member (rower, cox, coach) becomes infected with COVID-19	Minor Illness	3	A	Low	Club members reminded to follow UK government advice on travel		x		x	x						Boatman
14					Severe Illness	4	A	Low												
15					Lifechanging Illness/Death	5	A	Moderate												
Arriving at the boathouse																				
16					Minor Illness	3	B	Low												
17	Assembling the crew	Exposure to SARS-Cov-2 if person shedding the virus has been inside the boathouse in the last 3 days	Members of Champs, Clare BC, Members of Clare Hall BC; Boatman	Club members of champs Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	A	Low	All Boathouse attendees are encouraged to be double vaccinated. Hand sanitiser should be used regularly whilst around the boathouse.	Crew outing times will be arranged so as to minimise the amount of people at the boathouse at any one time. Upon arrival(or earlier) the captains or boat organisers should ensure that no one, who is in attendance is experiencing any symptoms of Covid -19 and request that if anyone who is unwell to refrain from any activity and return home to arrange a PCR test and isolate if required by government guidance.	x	x	x	x					Boatman	
18					Lifechanging Illness/Death	5	A	Moderate												
Accessing equipment in the Boathouse and returning the equipment after use																				

26	Touching surfaces of equipment stored outside of the boathouse on scaffold racks	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	A	Low	Equipment cleaning agreed to by all club members using equipment stored outside of the BH.			x	x	x	x			boatman
27					Lifechanging Illness/Death	5	A	Moderate	Wash/sanitise hands thoroughly at the start of each outing and before leaving to travel home									
Going afloat or Landing																		
28					Minor Illness	3	B	Low										
29	Putting the boat on the water, or returning boat to exterior racks: 1x, 2x, 4x-	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs member, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	A	Low	Boats allocated to known list of users All rowers instructed in boat and blade sanitising			x	x	x	x			Boatman
30					Lifechanging Illness/Death	5	A	Moderate										

Crews Boating and waiting to boat are encouraged to maintain social distancing. Wearing face masks whilst in close proximity is to be encouraged.

41	Seeking support from others in putting the boat on the water or returning boat and blades to exterior racks: 1x	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champ members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	Try and Limit large numbers gathering at the boathouse at any one time.	Consider outing times and liaising with all users	x	x	x	x		Boatman		
42					Lifechanging Illness/Death	5	A	Moderate										
Rowing or Sculling																		
43					Minor Illness	3	B	Low	All permitted oarsman instructed in sanitising interior and exterior of boats prior and after use	All returning rowers and scullers must be instructed in sanitising interior and exterior of boats and blades and have documented this with the captain								
44	Handling and being in close contact with club equipment whilst engaging in exercise	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate					x	x	x	x		Boatman
45					Lifechanging Illness/Death	5	A	Moderate										
46					Minor Illness	3	C	Moderate	Club member becomes infected with COVID-19	Only the cox has to continue to wear a face covering once afloat The cox's life jacket and cox box should be cleaned prior to use. NO sharing of bottled water								
47	Warming up/down: 4x+, 4+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is within the crew	Crew members		Severe Illness	4	B	Moderate					x	x	x	x		Boatman
48					Lifechanging Illness/Death	5	A	Moderate										
55					Minor Illness	3	B	Low	Champ member, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Coaches advised to maintain 2m social distancing as far as reasonably practicable. Where closer coaching is required (e.g. holding a rigger while a sculler gets in or holding the blade of a sweep or scull), coaches are required to wear a face covering Coaches are advised to use a loud hailer or other projection system rather than shouting to reduce the likelihood of aerosol generation and projection. In the case of capsizes, coaches can aid in the rescue of rower(s) from the river where they are unable to. Use of throw lines is strongly advised to avoid person to person contact.								
56	Coaching novice crews: 1x, 2x, 4x-, 4x+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman		Severe Illness	4	B	Moderate					x	x	x	x		Boatman
57					Lifechanging Illness/Death	5	A	Moderate										
58					Minor Illness	3	B	Low									Coaches must maintain social distancing from the crew (2m+) at	

59	Coaching experienced crews: 1x, 2x, 4x-, 4x+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	Coaches are advised to use a loud hailer or other projection system rather than shouting to reduce the likelihood of aerosol generation and projection.	x	x	x	x			Boatman
60					Lifechanging Illness/Death	5	A	Moderate								
61	Resting/Recovering on the water and taking coaching	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Minor Illness	3	B	Low	All crew members to rest at backstops (this maintains maximum distance between crew members and stroke and cox) No water bottle sharing is permitted No crew member should shout to reduce projected droplet transmission risk. To communicate within the crew, talk to the person in front and pass information through the crew.							
62					Severe Illness	4	B	Moderate								
63					Lifechanging Illness/Death	5	A	Moderate								
Use of the toilets and showers.																
64	Accessing and using toilets in the boathouse	Exposure to SARS-Cov-2 if person shedding the virus has been inside the boathouse in the last 3 days	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Minor Illness	3	B	Low	Toilets and showers are open.	Ensure regular cleaning Anyone walking through the ergo area should wear a face covering.	x	x	x	x		Boatman
65					Severe Illness	4	B	Moderate								
66					Lifechanging Illness/Death	5	A	Moderate								
Use of the Gym																
55	Use of weights Area/Gym	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Members of Clare BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Minor Illness	3	B	Low	Maintain a log of users for cross reference. If walking through the Ergo area to the Toilets or shower you should wear a face covering.	On arrival wear a face covering Place signs to warn people that people are training. Use the hand sanitizer provided before touching anything (including the door) On entrance Sign In with your name, date and time (TRACK AND TRACE) Use anti-viral spray to sanitise the equipment you are about to use and carry out a visual check Place any outer-layers not to be worn during training in a bag at your training station. Open Doors to both Bays. Use anti viral spray to sanitise the equipment and bench.	x	x	x	x		Boatman
56					Severe Illness	4	B	Moderate								
57					Lifechanging Illness/Death	5	A	Moderate								

