

Drug and Alcohol Abuse Policy

Clare College

Drugs

All members of the College are reminded that:

- It can be dangerous to take any drugs other than under medical direction

The [Misuse of Drugs Act 1971](#) covers three categories of drugs:

- Class A drugs include: [heroin](#) (diamorphine), [cocaine](#) (including crack), [methadone](#), [ecstasy](#) (MDMA), [LSD](#), and [magic mushrooms](#).
- Class B drugs include: [amphetamines](#), barbiturates, [codeine](#), [cannabis](#), [cathinones](#) (including [mephedrone](#)) and [synthetic cannabinoids](#).
- Class C drugs include: benzodiazepines ([tranquilisers](#)), [GHB/GBL](#), [ketamine](#), [anabolic steroids](#) and [benzylpiperazines](#) (BZP).

The [Psychoactive Substances Act 2016](#) covers all drugs previously referred to as “legal highs” which are not Class A, B or C drugs under the Misuse of Drugs Act 1971 but are also now illegal.

“The Act makes it an offence to produce, supply, offer to supply, possess with intent to supply, import or export psychoactive substances; that is, any substance intended for human consumption that is capable of producing a psychoactive effect.”

The unauthorised possession, use and supply of these drugs are criminal offences. These are regarded as very serious matters by the College, and any student involved may be evicted from College accommodation, if living in; or temporarily or permanently expelled (‘sent down’) from the College.

This applies particularly to any student found to be using, dealing or in possession of any Class A Drug. It also applies to any student found to be dealing or repeatedly in possession of any of the Classes of Drugs, or Psychoactive Substances. This approach is in line with the current policy of the Police.

The College's Policy is also to co-operate fully with the Police in any investigation. Students should also be aware that if the College were knowingly to permit drug offences to take place on its premises, it would itself be liable under both Acts.

At the same time, the College wishes to offer all possible support to students seeking medical and/or counselling help regarding drug taking. Those aware of being at risk of drug or other substance abuse are encouraged to seek advice from the [College Nurse](#), [their Tutor](#), their GP or the [University Counselling Service](#).

Any student concerned about another student's dependence on drugs should encourage them to seek advice from one of the sources listed above.

Any member of the College concerned about illegal drug use should refer the matter to the Senior Tutor, or to any Tutor.

Alcohol

Drinking to excess is dangerous: it may contribute to serious accidents, particularly traffic accidents, and/or long-term problems with health, including psychological problems.

It is particularly important not just to drink sensibly, but to avoid encouraging other students to drink to excess. Students should be sensitive to others around them who do not drink alcohol. Encouraging others to drink to excess puts their safety, as well as their health, at risk. Students should note that drinking games are not permitted at any College dinner. Violation of this Policy may result in disciplinary action such as the suspension of dining privileges.

Students who need a taxi to or from Addenbrooke's Hospital or from the City Centre to the College following intoxication with alcohol (or illegal drugs) will be billed for the taxi fare, plus the cost of any necessary cleaning. Students will also be charged for any damage to College property and for additional cleaning required on site, and in these instances disciplinary action may follow.

As in the case of drugs above, any student worried about their or their friend's drinking is encouraged to seek advice from the College Nurse, their Tutor, their GP, or the University Counselling Service.

Further sources of advice and support:

- [Inclusion](#) - Drug & Alcohol Service, Cambridgeshire
 - Drug Service - 0300 555 0101
1A Fortescue Rd, Cambridge, CB4 2JS
 - Alcohol Service - 0300 555 0101
Mill House, Brookfield's Hospital Site, 351 Mill Road, Cambridge, CB1 3DF
- [Cambridgeshire Drug & Alcohol Action Team \(DAAT\)](#) - 01223 699680
The Cambridgeshire Drug and Alcohol Action Team (DAAT) is a multi-agency partnership working to implement the National Drug Strategy
- [Frank - Friendly, confidential drugs advice](#) - 0300 123 6600 (Helpline -24hrs day) SMS
82111, Live chat 2pm - 6pm (UK) on any day of the week.

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