

Clare Boat Club

Activity	Rowing and training during COVID-19	Version	1
It is agreed that application of the control measures specified will provide adequate management of the identified risks. This risk assessment is subject to review at a minimum of a 1 month interval from date of approval			
Assessor	Andrew Watson	Date	09/09/2020
Reviewer	Brenan Morgan	Date	
Reviewer	Emma Easterbrook	Date	
Approver		Date	

Part A: Hazard Identification & Impact					Part B: Reducing the Risk & Severity				Part C: Who is Responsible								
No	Process Summary (can be broken down into steps)	Hazard Identified	Who might be harmed?	How might they be harmed?	Severity of harm	Severity (1-5)	Probability (A-E)	Level of Risk (L/M/S/I)	Controls in place	Additional controls needed	Club President	Club Safety Officer	Club Captain	Coaches	Rowers/Scullers	Coxes	Other (State)
Organising Outings																	
1					Minor Illness	3	A	Low		Boat Organiser to enter names of ALL crew and coaches in the outing in the booking system. Records to be retained by club for at least 21 days.							
2	Organising Outings	Overlapping activities at the boathouse results in more than 12 people on the hard at one time. Exposure to SARS-Cov-2	Champs, Clare or Clare Hall members or Boatman	Club member (rower, cox, coach) becomes infected with COVID-19	Severe Illness	4	A	Low	<p>Booking system implemented to ensure no more than 12 people on the hard at one time and to record members who have been at Clare BH to allow for contact tracing if required.</p> <p>Allow at least 10 minutes between bookings to ensure hard not over-populated (max 12 people/4 boats)</p> <p>Where possible, equipment assigned to specific people/groups. This is via the booking system.</p> <p>Club members reminded to use booking system when</p>	<p>Crews set (to include cox) such that no more than 12 members of the club interact with one another, no matter what size the boat(s) they are rowing in.</p> <p>Records of rowing bubbles are to be maintained by the captains and will be cross-referenced against boat bookings. Where crews or individuals break their bubble, rowing privileges will be reviewed by the captains.</p> <p>ALL outings to be organised from Clare BH.</p> <p>No more than 12 people are permitted to be at the boathouse at one time. Outings must be organised to ensure this is</p>			x	x	x	x	Boatman

26	Touching surfaces of equipment stored outside of the boathouse on scaffold racks	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	Equipment cleaning agreed to by all club members using equipment stored outside of the BH.		x	x	x	x			boatman	
27					Lifechanging Illness/Death	5	A	Moderate	Wash/sanitise hands thoroughly at the start of each outing and before leaving to travel home									
Going afloat or Landing																		
28					Minor Illness	3	C	Moderate		Limit the number of people by the scaffold racks to 1 crew or a single sculler plus a helper. If another boat is being moved, wait in front of the boathouse until the crew has moved away from the side of the boathouse. Maximum number of people for each boat type: 1x: 2 2x: 2 4x: 4 List of mixed household crews maintained by sculling captain (for sculls) or club captain (for sweep)								
29	Putting the boat on the water, or returning boat to exterior racks: 1x, 2x, 4x-	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs member, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	Boats allocated to known list of users All rowers instructed in boat and blade sanitising List of permitted scullers maintained by sculling captain	Mixed household crews must attempt to maintain 2m distance between one another when lifting the boat from the racks to the water and in return. This may mean adjusting lifting positions closer to stern and bows than normal. Boats to be marked with lifting positions to give visual cues to maintain distancing	x	x	x	x		Boatman		
30					Lifechanging Illness/Death	5	A	Moderate		Mixed household crews are not required to wear face coverings but can if they chose to whilst lifting the boat. 1x, 2x and 4x- can maintain 2m distance through lifting at 2m intervals. Mixed household crews: rowers responsible for cleaning their own section of the boat and associated rigger(s) and blade(s) Following cleaning before launching, rowers to wash/sanitise hands.								

37					Minor Illness	3	C	Moderate		Nominated person from each crew responsible for opening and closing boat bay and for disinfecting touch points.									
38	Accessing blades from the interior boat bay: 4x+, 4+, 8+	Exposure to SARS-Cov-2 if person shedding the virus has been inside the boathouse in the last 3 days	champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	All rowers instructed in boat and blade sanitising	No more than 2 people in the boat bay at 1 time In mixed household crews, all crew members MUST carry their own blades and not carry for another crew member 8+ Blades are to be put away in this order: Bow-2-3-4-5-6-7-Stroke. 8+ Blades are to be retrieved in this order: Stroke-7-6-5-4-3-2-Bow 4+ are required to use Stroke-7-6-5 blades and retrieve and put away as per 8+ instructions	x	x	x	x				Boatman	
39					Lifechanging Illness/Death	5	A	Moderate											
40					Minor Illness	3	C	Moderate	Maximum of 12 people on the hard at one time.										
41	Seeking support from others in putting the boat on the water or returning boat and blades to exterior racks: 1x	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champ members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	Handle single sculls at opposite ends of the boat to maintain a 2m distance		x	x	x	x				Boatman	
42					Lifechanging Illness/Death	5	A	Moderate	Maximum of 4 boats on the hard (either in the water or on trestles) at any one time										
Rowing or Sculling																			
43					Minor Illness	3	C	Moderate											
44	Handling and being in close contact with club equipment whilst engaging in exercise	Exposure to SARS-Cov-2 if person shedding the virus has touched equipment stored outside	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	All permitted oarsman instructed in sanitising interior and exterior of boats prior and after use	All returning rowers and scullers must be instructed in sanitising interior and exterior of boats and blades and have documented this with the captain	x	x	x	x				Boatman	
45					Lifechanging Illness/Death	5	A	Moderate											
46					Minor Illness	3	C	Moderate		Only the cox has to continue to wear a face covering once afloat									
47	Warming up/down: 4x+, 4+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is within the crew	Crew members	Club member becomes infected with COVID-19	Severe Illness	4	B	Moderate		All crew members must be rowing at the same time to maintain maximum distance between crew members. No split-crew warm ups are permitted. Crews advised to warm up full slide to reduce likelihood of injury.	x	x	x	x				Boatman	
48					Lifechanging Illness/Death	5	A	Moderate											
49					Minor Illness	3	C	Moderate		All crew members must be rowing at the same time to maintain maximum distance between crew members.									
50	Rowing: 4x+, 4+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is within the crew	Crew members	Club member becomes infected with COVID-19	Severe Illness	4	B	Moderate		No split-crew rowing is permitted. The exception to this is single household crews which do not	x	x	x	x				Boatman	

51					Lifechanging Illness/Death	5	A	Moderate	Housekeeping crews which do not need to maintain social distancing.											
52					Minor Illness	3	C	Moderate	Coxes set to specific crew Crew has a fixed stroke person and a fixed cox such that cox only faces one person. Coach, cox and stroke to discuss safety plans BEFORE 1st crew outing to agree process. If either cox or stroke feel unsafe, they are to flag this immediately for a resolution to be found. Coxes to wear covering of nose and mouth throughout outing Coxes must sanitise hands before touching any equipment and again after putting equipment away. If gloves are worn, these must be a clean pair for each outing. Coxes seat, steering wires, cox box and headset must be wiped with a sanitising wipe before and after each outing. Cox issued with their own/small group shared cox box which MUST be used. Shared equipment to be recorded on the boat booking sheet with details of who has used. No coxed outings permitted without a coxbox. Coxes will be issued with their own microphone and headband. These MUST be labelled and left at the boathouse. The microphone must be worn OUTSIDE of the face covering (but not the visor) Coxes are to be issued with their own life jacket which MUST be labelled and left at the boathouse.											
53	Coxing crew boats (4x+, 4+ & 8+)	Exposure to SARS-Cov-2 if person shedding the virus is in the crew, particularly in the stroke seat	Champs member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs member, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Severe Illness	4	B	Moderate	Cox issued with their own/small group shared cox box which MUST be used. Shared equipment to be recorded on the boat booking sheet with details of who has used. No coxed outings permitted without a coxbox. Coxes will be issued with their own microphone and headband. These MUST be labelled and left at the boathouse. The microphone must be worn OUTSIDE of the face covering (but not the visor) Coxes are to be issued with their own life jacket which MUST be labelled and left at the boathouse.	x	x	x	x			Sculling Captain				
54					Lifechanging Illness/Death	5	A	Moderate	Cox issued with face visor to be used in addition to covering of nose and mouth - required for stern loading boats to protect the face covering from getting wet											

55	Coaching novice crews: 1x, 2x, 4x-, 4x+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champ member, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Minor Illness	3	C	Moderate	Coaches advised to maintain 2m social distancing as far as reasonably practicable. Where closer coaching is required (e.g. holding a rigger while a sculler gets in or holding the blade of a sweep or scull), coaches are required to wear a face covering Coaches are advised to use a loud hailer or other projection system rather than shouting to reduce the likelihood of aerosol generation and projection. In the case of capsiz, coaches can aid in the rescue of rower(s) from the river where they are unable to. Use of throw lines is strongly advised to avoid person to person contact. Coaches of Novice boats MUST be counted within the 12 person rowing bubble												
56					Severe Illness	4	B	Moderate		x	x	x	x								Boatman
57					Lifechanging Illness/Death	5	A	Moderate													
58	Coaching experienced crews: 1x, 2x, 4x-, 4x+, 8+	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Minor Illness	3	C	Moderate	Coaches must maintain social distancing from the crew (2m+) at ALL times Coaches are advised to use a loud hailer or other projection system rather than shouting to reduce the likelihood of aerosol generation and projection. Coaches of experienced crews are exempted from the 12 person rowing bubble assuming they do not breach 2m social distancing. Should 2m be breached, coaches are to be retrospectively included in the bubble												
59					Severe Illness	4	B	Moderate		x	x	x	x								Boatman
60					Lifechanging Illness/Death	5	A	Moderate													
61	Resting/Recovering on the water and taking coaching	Exposure to SARS-Cov-2 if person shedding the virus is in the crew	Champ member(s); Members of Clare BC, Members of Clare Hall BC; Boatman	Champs members, Clare BC Member, Clare Hall BC Member, Boatman becomes infected with COVID-19	Minor Illness	3	C	Moderate	All crew members to rest at backstops (this maintains maximum distance between crew members and stroke and cox) No water bottle sharing is permitted No crew member should shout to reduce projected droplet transmission risk. To communicate within the crew, talk to the person in front and pass information through the crew.												
62					Severe Illness	4	B	Moderate		x	x	x	x								Boatman
63					Lifechanging Illness/Death	5	A	Moderate													

Use of the toilets

